Watling Academy - PE - Year 7 learning journey

The journey continues...

After Year 7, some topics you may cover are….

Rugby, Handball, Dodgeball, Outdoor and Adventurous Activities.

Year 8

- Rounders – Skill application
- Rounders – Skill development
- Tennis – Skill development
- Tennis – Skill development
- Athletics – Skill develop-
- Athletics – Skill develop-
- Athletics – Skill development

Term 3

Term 2

- Fitness – Testing
- Fitness – Training methods
- Basketball – Applying tactics
- Basketball - Skill application
- Basketball – Skill development
- Badminton – Skill application
- Badminton – Skill Development

Term 1

- Netball – Applying tactics
- Netball – Skill application
- Netball – Skill development
- Football – Applying tactics
- Football – Skill application
- Football – Skill development
- Fitness – Effective warm-up

Welcome to Year 7. Induction and transition activities